

Instructions for Plus500 Data

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Plus500 provides Futures, E-Mini, Forex, Crypto real time data

[Futures Trading Platform](#) | [Trade Futures Online](#) | [Plus500](#)

1. 14 Day real time data free demo account: you may sign up online at

https://cts.sim.t4login.com/register/Default_cts.aspx

or <https://us.plus500.com/en/>

2. You may also order real time data with fees from the Plus500 or open a futures account.
3. When you login AbleTrend 8.0, click **Data Modules**, then check the box “Plus500”, also input account UserName and Password
4. Ignore Network
5. Click OK to login, you should see “**Able**” and “**Data**” lights turn **Green**.
6. When you create or format charts, click “S” icon, make sure select Plus500 data

7. Common futures symbols: Root (space) MonthYear (No space between Month and Year)

For example,

E-Mini S&P 500 : ES U25

E-Mini Nasdaq 100 : NQ U25

E-Mini Dow Jones: YM U25

E-Mini Russell 2000: RTY U25

Gold: GC Q25

Crude Oil: CL U25

10 Year Notes: ZN U25

Corn : ZC N25

Micro Bitcoin: MBT M25

British Pound: 6B U25

Monthly code:

F - January , **G** - February , **H** - March , **J** - April , **K** - May , **M** - June

N - July , **Q** - August , **U** - September , **V** - October , **X** - November , **Z** - December

Check symbol Root and Month: <https://us.plus500.com/en/markets>